

HOMEWORK

There are a variety of forms of Homework. Activities like completion of work, starting assignment work early, study (ie learning and applying work done in class), preparation for school the next day, reading assigned work, research, preparing questions for clarification, revising the day's classes, study for formal assessments and watching a relevant documentary are all examples of homework.

Even if your child says they have no homework, they should take some time to review what they have done during the day. This is one of the most valuable tasks they can perform as early revision of work means that they will retain more of what has been taught that day.



HOW MUCH TIME FOR HOMEWORK

As a quick guide all students need to spend at least 15—30 minutes reviewing the work covered in class that day.

As students move through the secondary years the amount of time devoted to homework and study will increase.

If students are studying ATAR (Tertiary Entrance courses) in Year 11 and 12, they would need to be spending two—three hours each day on homework and study.



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HOMEWORK / STUDY GUIDELINES

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HOMework / STUDY GUIDELINES

The time we have in school just isn't long enough to both teach and revise everything that your child needs to learn to be successful in school. Time spent at home on homework and study plays a **valuable** role in every child's learning. There are certain expectations that go along with homework. North Albany Senior High School believes that homework and study should:

- Support the partnership between school and home.
- Support the student to become an independent learner.
- Help parents keep in touch with their child's school work.
- Avoid students relying on resources that are not readily available at home.
- Help in the achievement of learning outcomes.
- Form part of a learning program.
- Not be related to any form of discipline.
- Allow time needed to pursue other interests e.g. part time work or sport.

STUDENT INFORMATION

Homework and study are an integral part of the teaching and learning program and they need to be approached in a structured and organised way. Homework and study require both time management skills and self-discipline. Some things which could assist students are:

- Keep good records of tasks to be completed by using a hard copy diary or one of the many phone apps which are available. Any type of diary only works if they are used and checked regularly.
- Organise work into categories - **MUST** be done - **SHOULD** be done - **COULD** be done. Then work on the tasks in that order, for periods of 35—45 minutes followed by a break.
- Take breaks from homework and study. However take the break long enough to clear head space for the next task. Leave tasks which require a low level of concentration until the end.

- Make a realistic study/homework timetable and stick to it.
- Set realistic goals for yourself.
- Have all the equipment you need to complete your homework/study on hand before you start working. Time spent looking for pens, paper, files etc. does NOT count as study time.
- Find a well-lit, quiet spot with no distractions to study. Talk to your parents about this and leave your phone, the television, your iPod and any other distractions in another room.
- If you are unsure about something ask for help – start with teachers and parents then find out if there are any other forms of support on offer.

